

# DADA DIARIES

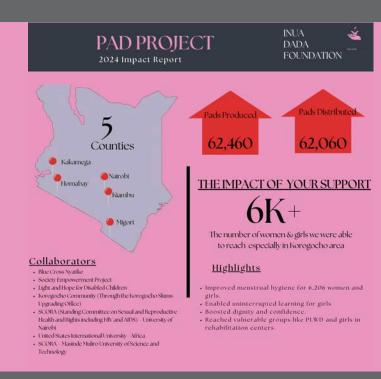
### Monthly Newsletter

We're back with another edition of Dada Diaries, bringing you the latest updates and inspiring stories. Let's take a look at what's new and exciting in the journey toward empowering girls and women.

#### PAD PROJECT

As we look back on 2024, we're proud to share the impact your support made possible.

Together, we've empowered communities and uplifted voices. See the full report inside





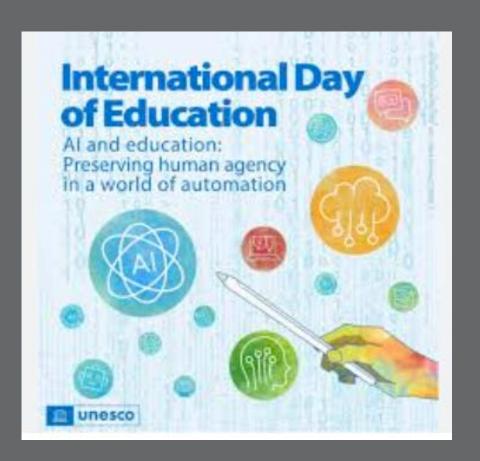
Real impact stories from women and girls whose lives have been touched by you

#### **WORLD EDUCATION DAY**

On International Education Day, we celebrate the power of education and the importance of menstrual health in keeping girls in school, empowering them to learn, grow, and lead.



# <u>Celebrating International Education Day:</u> <u>Empowering Girls Through Menstrual Health</u>



Education
transforms lives,
but period poverty
holds girls back. In
Kenya, 1 in 10 girls
misses school
because they lack
access to menstrual
products.

At Inua Dada Foundation, we've reached over 6,206 girls with sanitary towels and menstrual health education, restoring dignity and keeping them confidently in class.

We're also working to help teen mums return to school because every girl deserves a second chance.

Join us in breaking the cycle of inequality.

Because no girl should miss school because of her period.



### The Gift of Dignity

Imagine a young girl named A in Korogocho, dreaming of becoming a teacher. Every month, her education is disrupted; not by lack of ambition but by the absence of sanitary pads.

Thanks to your support, the Inua Dada Foundation produced and distributed over **62,000** pads in 2024, reaching **6,000** women and girls. **A** can now attend school every day.

Thousands more girls still need this lifeline. Your donation restores dignity and keeps dreams alive.

#### **Looking Ahead: A Vision of Empowerment**

- We aim to produce even more pads and forge new partnerships, ensuring no girl in Kenya is left behind.
- Strengthening outreach programs to provide critical support to women and girls in underserved areas.

# Rising Beyond Resilience: A Journey of Empowerment, Healing, and Advocacy



I am Domi Fenny Adhiambo, 23 years old.
I work at Inua Dada as a social worker. I am a women empowerment advocate, menstrual and mental health enthusiast.
Being brought up in Mathare North slums, social issues like teenage pregnancy, early marriages, rape, drug abuse, and GBV were part and parcel of the community I grew up in. I had to teach myself the art of resilience at such a tender age. I promised myself that I want better and more than what my environment offered.



#### Domi 'Fenny' Osodo

# "Activism for me is personal"

This is where I associated myself with projects and institutions including Compassion International, No Means No, Club Ghetto Classics, that offered mentorships and activities that would keep me out of trouble and help me grow in one way or the other. My mom, who is also a single parent, played a big role in empowering me as a young girl by constantly reminding me that girls can also dream and be more in society.

Activism for me is personal. From experience, as a first-hand survivor of sexual assault, I get the drive and passion to become who I am today. I love working with young girls and women, as it heals a younger part of me whenever I see a young girl speak up and own her voice.

I am currently pursuing Psychology as a career. I have always wanted to be a psychologist, come back to my community, and work with the younger generation, as I am a firm believer in molding the children from grassroots level. Child development and upbringing play a pivotal role in adulthood.

### **SUPPORT US**

PAYBILL NUMBER **5523322.** 

ACCOUNT NUMBER: Enter your **name**.

PAYPAL finance@inuadadafoundation.org



Grab a copy of My First Time
Stories Today!



## **Our February Calendar**



06-Feb-2025

International Female Genital Mutilation Day



14-Feb-2025

A Different Kind of Love campaign



27-Feb-2025

World NGO Day